

The Hungry Caterpillar Cafe

Week 1 (3 Sept, 24 Sept, 15 Oct)		
	Option 1	Option 2
Mon	Southern fried chicken wrap	Three bean burrito
	Served with: Herby wedges Deli: Ham or tuna wrap or cheese jacket Pudding: Chocolate Shortbread	
Tues	Selection of pizzas	Stuffed peppers
	Served with: Sweetcorn and salad Deli: Cheese or ham wrap or beans jacket Pudding: Flapjack	
Wed	Spaghetti bolognese	Vegetarian bolognese
	Served with: Garlic bread Deli: Ham or tuna wrap or cheese jacket Pudding: Custard biscuits	
Thurs	Roast turkey and Yorkshire pudding	Lentil roast
	Served with: Roast potatoes and seasonal vegetables Deli: Ham or cheese wrap or tuna jacket Pudding: Iced yoghurts	
Fri	Pork sausage and chips	Vegetarian sausage and chips
	Served with: Peas and baked beans Deli: Cheese or ham wrap or jacket with beans/cheese Pudding: Lemon muffins	

Week 2 (10 Sept, 1 Oct)		
	Option 1	Option 2
Mon	Beef burger in a bun	Lentil burger
	Served with: Potato wedges and vegetables Deli: Ham or tuna wrap or cheese jacket Pudding: Beetroot chocolate brownie	
Tues	Chicken korma	Vegetarian Korma
	Served with: Brown rice Deli: Cheese or ham wrap or beans jacket Pudding: Orange zest shortbread	
Wed	Beef burrito	Cauliflower cheese
	Served with: Roasted vegetable pasta Deli: Ham or tuna wrap or cheese jacket Pudding: Carrot cake	
Thurs	Roast pork and Yorkshire pudding	Lentil roast
	Served with: Roast potatoes and seasonal vegetables Deli: Ham or cheese wrap or tuna jacket Pudding: Iced yogurts and tray bakes	
Fri	Breaded cod fillet and chips	Cheese and onion pasty
	Served with: Peas and baked beans Deli: Cheese or ham wrap or jacket with beans/cheese Pudding: Strawberry muffins	

Week 3 (17 Sept, 8 Oct)		
	Option 1	Option 2
Mon	Meatballs with pasta sauce	Vegetable risotto
	Served with: Vegetables Deli: Ham or tuna wrap or jacket with cheese/beans Pudding: Rice crispie cakes	
Tues	Chicken fajita	Red onion and sweetcorn quiche
	Served with: Vegetables Deli: Cheese or ham wrap or beans jacket Pudding: Cherry flapjack	
Wed	All day brunch	Homemade chickpea and sweet potato curry
	Served with: Baked beans and tomatoes Deli: Ham or tuna wrap or jacket with beans/cheese Pudding: Apple crunch	
Thurs	Roast beef and Yorkshire pudding	Lentil roast
	Served with: Roast potatoes and seasonal vegetables Deli: Ham or cheese wrap or tuna jacket Pudding: Iced yoghurts and tray bakes	
Fri	Fish fingers and chips	Macaroni cheese and garlic bread
	Served with: Peas and baked beans Deli: Cheese or ham wrap or jacket with beans/cheese Pudding: Banana muffins	

