



Rainbow Bread

Edible Sensory Recipe

You will need:

Sliced bread

Milk

Food colouring (selection of colours)

Cups

Spoons

Tray

Method

1. Pour the milk into the cups and add a few drops of food colouring into the milk. You may wish to make a variety of different coloured milk.
2. Lay the sliced bread out on the tray. Add the cups of coloured milk and spoons to the tray.
3. Get playing. The milk will provide a great colour mixing opportunity and the sloppy bread offers a superb sensory experience.

This recipe is intended to be used as soon as it has been made and not to be stored for future use.

