|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  | **Week 1** | **W.C: (30.10) (20.11) (11.12) (08.01) (29.01) (26.02) (18.03)** |  | **Week 2** | **W.C: (06.11) (27.11) (18.12) (15.01) (05.02) (04/03) (25.03)** |  | **Week 3** | **WC: (13.11) (4.12) (01.01) (22.01)(19.02) (11.03)** |
| **Monday** | **Pork meatballs** in a rich tomato sauce served with pasta & a side of vegetables 2 | **Vegan meatballs** in a rich tomato sauce served with pasta & a side of vegetables 2  | **Pepperoni French bread pizza** & pasta served with a side of vegetables or beans 2,7,13  | **Tomato pasta bake** served with vegetables & warm crusty bread 2,7 | **All day breakfast**:Sausage, bacon, scrambled egg, beans & hash brown 2,4,7,14 | **All day veggie breakfast**: veggie sausage, roasted tomato, scrambled egg, beans & hash brown 2,4,7 |
| Chocolate ice-cream & wafers 2,4,7,13 fresh fruit or yogurt 7 | Melon & orange medley or yogurt 7 | Blueberry muffins 2,4,7 fresh fruit or yogurt 7 |
| **Tuesday** | **Favourite cheesy wheels** served with pasta, sweetcorn or beans 2,4,7,9 | **Mexican meat free toasted burrito** served with savoury rice & a side of vegetables 2,9,13 | **Bangers & creamy mash**, served with vegetables & a tasty gravy 1,2,14 | **Veggie bangers & mash**, served with vegetables & a tasty gravy 1,2 | **Slow cooked braised beef** in gravy served with mashed potato and winter vegetables 1,9 | **Cheese & tomato pizza muffins** served with seasoned wedges & sweetcorn 2,7 mc12   |
| Tangy orange jelly, fresh fruit or yogurt 7 | Chocolate courgette muffins 2,4,7 fresh fruit or yogurt 7 | Chocolate crispy cakes 2,7 fresh fruit or yogurt 7 |
| **Wednesday** | **Roast chicken & stuffing** served with crispy roast potatoes, fresh carrots, broccoli, Yorkshire pudding & gravy 1,2,4,7  | **Vegetarian sweet potato cottage** **pie** in a rich gravy served with fresh carrots, broccoli & Yorkshire pudding 1,2,4,7  | **Roast beef & Yorkshire pudding** served with crispy roast potatoes, fresh carrots, peas & gravy 1,2,4,7  | **Cauliflower cheesy bake** served with fresh carrots, peas, Yorkshire pudding & gravy 1,2,4,7,9 | **Roast pork loin & apple sauce** served with crispy roast potatoes, fresh carrots, broccoli, Yorkshire pudding & gravy 1,2,4,7 | **Cheese & leek homity pie** served with crispy roast potatoes, fresh carrots, broccoli, Yorkshire & gravy 1,2,4,7,9 |
| Lemon drizzle muffins 2,4,7,14 fresh fruit or yogurt 7  | Vanilla ice-cream & wafers 2,4,7,13 fresh fruit or yogurt 7 | Fruit cocktail, fresh fruit or yogurt 7 |
| **Thursday** | **Texan beef burger** (cheese & BBQ sauce optional) with homemade seasoned wedges/pasta, sweetcorn or beans 2,13,14 mc12 | **Caribbean Jambalaya**: A tasty vegetable & rice dish full of flavour & goodness, served with a side of tortilla chips & salsa 2,9,13 | **Italian spaghetti Bolognese** served with parmesan (optional) vegetables & warm crusty bread 1,2,7 | **Singapore vegetable & Quorn noodles,** with stem broccoli, baby corns in a sweet sticky sauce 2,4,9,13 | **Indian butter chicken curry** served with fluffy rice, a side of green beans/sweetcorn & mini naan bread 1,2,7,9,14   | **American Mac ‘n’ cheese** served with vegetables/beans & warm crusty bread 2,7,9 |
| Toffee apple pancakes 2,4,713 fresh fruit or yogurt 7 | Orange polenta cake 2,4 fresh fruit or yogurt 7 | Chocolate shortbread fingers 2 fresh fruit & yogurt 7 |
| **Friday** | **Battered fish and chips** served with peas or beans & ketchup 2,5 | **Cheese & bean pasty** served with chips, peas or beans 2,7 | **Fish fingers & chips** served with sweetcorn or beans & ketchup 2,5 | **Halloumi & sweet chilli burger & chips** served with sweetcorn 2,4,7,13 mc12 | **Fish & chips** served with sweetcorn or beans & ketchup 2,5 | **Vegan battered dippers** & chips served with sweetcorn or beans & ketchup 2 |
| Creamy custard cookie & juice 2 fresh fruit or yogurt 7 | Shortbread cookie & juice 2 fresh fruit or yogurt 7  | Jammie dodgers & juice 2,4,7,14 fresh fruit or yogurt 7 |

**A Jacket potato option is available everyday all served with seasonal vegetables.**

Jacket fillings: Cheese 7 Beans, Cheese & beans 7 Tuna mayo 4,5 Salmon mayo 4,5

**Light option Panini’s are available every Tuesday & Thursday served with a warm pasta salad.**

**Panini fillings:** Tuesday & Thursday Cheese 2,7 Ham 2 Tuna melt 2,4,5,7

**In order to promote healthy eating, we provide the children with a fresh salad bar daily, this consists of: Spinach, mixed salad leaves, grated carrot, cucumber, cherry tomatoes, mixed peppers, sweetcorn & homemade coleslaw.**

**Working to the school food standards plan ensures your child has a healthy balanced nutritious lunch.**

**We cater for all dietary needs, ingredients can be substituted or recipes adapted to suit your child, for further queries or Allergen information please speak to your Catering team.**

 **ALLERGENS**

  **Celery1** **Cereals containing gluten2** **Crustaceans3**  **Eggs4**  **Fish5**  **Lupin6** **** **Milk7**

**Mollusc8** **Mustard9**  **Tree Nuts10**  **Peanuts11**  **Sesame seeds12**  **Soya13**  **Sulphur Dioxide14**