

# SCHOOL LUNCH MENU – FOR ALLERGEN INFO SEE KEY BELOW

	Week 1	w/c:17/04, 08/05, 05/06, 26/06, 17/07, 18/09, 09/10	Week 2	w/c:24/04, 15/05, 12/06, 03/07, 04/09, 25/09, 16/10	Week 3	w/c:1/05, 22/05, 19/06, 10/07, 11/09, 02/10
Monday	<b>French bread Pizza &amp; pasta</b> served with beans or sweetcorn 2,7	<b>Vegetable tarts</b> served with pasta, beans or sweetcorn 2,7	<b>American hotdog</b> served with tasty homemade potato wedges a choice of vegetables & sauce 2,9,14 mc12	<b>Quorn dog</b> served with tasty potato wedges a choice of vegetables & sauce 2 mc 12	<b>Minced steak puff pastry pie</b> served with baby new potatoes & vegetables 2	<b>Cheese &amp; tomato pizza muffins</b> served with pasta, sweetcorn or beans 2,7 mc 12
	Vanilla ice-cream 7 mc 4 fresh fruit or yogurt 7		Angel Delight 7 fresh fruit or yogurt 7		Chocolate Cracknell 2,7 fresh fruit or yogurt 7	
Tuesday	<b>All day Brunch.</b> Sausage, bacon, scrambled egg, baked beans & hash nuggets 2,4,7,14	<b>All day Veggie Brunch</b> Quorn sausage, scrambled egg, roasted tomatoes, baked beans & hash nuggets 2,4,7	<b>Mild chicken korma</b> served with fluffy boiled rice, green beans & naan bread 2,7 mc 9	<b>Mac 'n' cheese</b> served with a choice of vegetables & warm crusty bread 2,7,9	<b>Meatball sub</b> meatballs served in a warm finger roll, topped with a rich tomato sauce & grilled cheese, homemade wedges & vegetables 2,4,7,14 mc 12	<b>Mediterranean pasta bake</b> served with a cheese panini slice & a veg side 2,7 mc 12
	Chocolate brownie 2,4 fresh fruit or yogurt 7		Lemon shortbread 2,4 fresh fruit or yogurt 7		flapjack fingers 2, fresh fruit or yogurt 7	
Wednesday	<b>Roast chicken &amp; stuffing</b> served with crispy roast potatoes, fresh carrots & swede, Yorkshire pudding & gravy 2,4,7	<b>Roasted Quorn fillet &amp; stuffing</b> served with roast potatoes, fresh carrots & swede Yorkshire pudding & gravy 2,4,7	<b>Roast Gammon &amp; pineapple</b> served with crispy roast potatoes, fresh carrots, broccoli, Yorkshire pudding & gravy 2,4,7	<b>Vegetable pie</b> roasted vegetables in a rich gravy topped with flaky pastry, served with roast potatoes, carrots & broccoli 2	<b>Roast Chicken &amp; stuffing</b> served with crispy roast potatoes, fresh carrots, peas & gravy 2,4,7	<b>Veggie toad in the hole</b> served with crispy roast potatoes, fresh carrots, peas & gravy 2,4,7
	Strawberry jelly, Fresh fruit or yogurt 7		Ice-cream & wafers 2,4,7,13 Fresh fruit or yogurt 7		Refreshing orange jelly, Fresh fruit or yogurt 7	
Thursday	<b>Lasagne</b> served with a choice of vegetables & warm crusty bread 2,4,7,9 mc 13	<b>Nach 'O' Cheese</b> Bolognese style Quorn mince, served with tortilla chips, topped with cheese 2,4,7	<b>Chicken fajitas</b> flavoursome chicken & fried vegetables served in a warm tortilla wrap with pasta & a side of salad 2	<b>Veggie lasagne</b> served with a choice of vegetables & warm garlic bread 2,4,7	<b>Smokey paprika chicken</b> served with fluffy rice & sweetcorn 7	<b>Cheesy wheels</b> served with pasta, baked beans or sweetcorn 2,4,7,9
	Oatmeal cookies 2 fresh fruit or yogurt 7		Sticky chocolate cake 2,4,7 fresh fruit or yogurt 7		Jammie muffins 2,4,14 fresh fruit or yogurt 7	
Friday	<b>Battered fish</b> served with chips or pasta, a side of peas or baked beans & ketchup 2,5	<b>Cheese Quiche</b> served with chips or pasta & a side of peas or baked beans & ketchup 2,4,7,9	<b>Fish fingers</b> served with chips or pasta, a side of sweetcorn or beans & ketchup 2,5	<b>Meatloaf minis</b> topped with tomato salsa & cheese, served with chips 2,4,7	<b>Breaded fish</b> served with chips or pasta, a side of pea or beans & ketchup 2,5	<b>Quorn style dippers</b> served with chips or pasta, a side of peas or baked beans & ketchup 2
	Custard cookie 2 Fresh fruit or yogurt 7		Carrot cake cookies 2, 4 Fresh fruit or yogurt 7		Angel delight 2, fresh fruit or yogurt 7	

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Jacket potato option available everyday all served with seasonal vegetables or a mixed summer salad.

## **Jacket fillings:**

Cheese 7 Beans, Cheese & beans 7 Tuna mayo 4,5 Salmon mayo 4,5

Working to the school food standards plan ensures your child has a healthy balanced nutritious lunch.

We cater for all dietary needs, ingredients can be substituted, or recipes adapted to suit your child, for further queries or Allergen information please speak to your Catering team.

**MC:** may contain

 **VEGAN & VEGETARIAN**

 **VEGAN OPTION AVAILABLE**

## **ALLERGENS**

	<u><b>Celery 1</b></u>		<u><b>Cereals containing gluten 2</b></u>		<u><b>Crustaceans 3</b></u>		<u><b>Eggs 4</b></u>		<u><b>Fish 5</b></u>		<u><b>Lupin 6</b></u>		<u><b>Milk 7</b></u>
	<u><b>Mollusc 8</b></u>		<u><b>Mustard 9</b></u>		<u><b>Tree Nuts 10</b></u>		<u><b>Peanuts 11</b></u>		<u><b>Sesame seeds 12</b></u>		<u><b>Soya 13</b></u>		<u><b>Sulphur Dioxide 14</b></u>

## **LIGHT CHOICES**

(All light choices are served with a choice from the salad bar)

Monday: Ham, cheese, tuna or egg wrap 2,4,5,7

Tuesday: Bacon baguette 2

Wednesday: Ham, cheese, tuna, or egg wrap 2,4,5,7

Thursday: Cheese toastie 2,7 mc 12

Friday: Ham & cheese crepe 2,7

In order to promote healthy eating, we provide the children with a fresh salad bar daily, this consists of Pasta, spinach, cucumber, cherry tomatoes, mixed peppers, sweetcorn & homemade coleslaw.