

Teaching Resources | Teacher Training



The new way to do
outdoor learning

Negotiating Space | EYFS

BEE GREEN AND ONLY PRINT IF YOU HIVE TO :)

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What does this pack include?

- Summary of objectives covered, preparation and safety
- Lessons for 'negotiating' all weather types
- A worksheet in case the learning has to be taken back inside or if written evidence is needed
- A home learning sheet to help engage parents
- A muddy certificate

Preparation and safety

Each season, nature will bring you the resources that you need. However, if you do not have a natural setting or lack certain natural items, try to collect these in advance of your sessions. Make a habit of going out for a walk at weekends – you'll improve your own physical and mental health and you'll collect your missing items. You can also encourage parents to get collecting through your newsletters! Make your world one big healthy, muddy community. You will get an idea of the types of resources that you need each season. The only resource that you may need to buy is air-drying clay.

Weather wise, we will provide you with ideas for all types of weather. The only time that we advise you NOT to go outside is on extremely windy days and during thunderstorms. Otherwise, there's no excuse - get yourself out there!

Always risk assess with the children present. As you enter the natural environment, spend 30 seconds talking about the dangers that the weather conditions may present, such as slippery surfaces and hot sun. If possible, offer the children a solution to any issues, such as seeking out a safe, shady area if the sun is too hot.

Aims and Objectives

PD
I can move confidently in a range of ways, safely negotiating space.

I can move confidently in an outside space
I can safely negotiate myself when I am outside.

Differentiation

HA – I can confidently and safely move and predict my safety when outside in all weathers
AA – I can confidently and safely move around in all weathers outside
LA – With support I can safely move around in all weathers outside.

Other curriculum links

Health and Self-Care

Children know the importance of physical exercise for good health, a healthy diet, and can talk about ways to keep themselves healthy and safe.

New to our Muddy World?

Please read the handbook before you start any of our lessons!

'The world is but a canvas to the imagination. ~ Henry David Thoreau

Windy Days



Introduction Activity

Take the children outside and talk about the weather. What hazards does the windy day present? Talk about how it affects things around us and how does it affect us?

Main Activity

Make a class caterpillar, all putting their hands on the person in front's shoulder and walk around your space looking for hazards. Pause and talk about it as we do so. Now, let the children have a safe play. Are they looking at things around them? Be careful of things flying into the children's eyes? Is it a good idea to play on apparatus that is high? Why not?

Reflection Task

What would happen if the wind picked up? It could then move heavier objects. What would be the safest thing to do? (go inside)

Links to the Muddy M's

Moving – Lots of walking around.

Mother Nature – Learning about the wind.

Mental Strength – Knowing how to keep ourselves safe.

Top Muddy Tips

Rocks need to be used safely and we encourage all of our muddy teachers to only use rocks with children if they have done lots of risk assessments and risk training. See more on our website for this. Start with small rocks and move to larger pebbles. Our advice would be to keep to pebbles/rocks no bigger than the child's hand. We have a lovely activity called 'Rock babies' found on our website to best teach rock safety.

Introduction Activity

Go outside and sit in the shade. Why are we sitting in the shade? What can the sun do to our skin if we stay out in it too long? Also, how can it benefit us? What does the sun do to objects we may walk on?

Main Activity

Ask the children to risk assess their space. Look down to see if there are any trips and falls that we need to be aware of? Any litter that can be harmful? Now look around us - are there any things poking out that we need to be careful playing around? Now look up - are there any loose branches or unsafe signs? Let them go around, exploring and assessing.

Reflection Task

Let the children have a play and monitor them. Gather them back and chat about negotiating ourselves around one another? How can we better manage this?

Links to the Muddy M's

Moving – Very active lesson moving and doing.

Mother Nature – Talking about the sun and risk assessing dangers.

Mental Strength – Lots on integration and responsibility for self-esteem.



'Life is ten percent what you experience and ninety percent how you respond to it.' — Dorothy M. Neddermeyer



Sunny Days

Cold Days



Intro

Go outside and talk about the dangers of cold weather. Talk about their ideas. Slippery surfaces and getting too cold will come up. Talk through ways we can manage this.

Reflection

Ask the children about ice and the different types of ice. Have we decided what shoes are good for walking outside on cold days? What about our clothes too? What makes good clothing for a cold day?

Main

Go for a walk, either within your school space or out and around your school. Walk slowly and test surfaces with one foot first before we go on them. Discuss how cold days make things icy and how we could fall. Discuss our shoes - look at the grips.

Links to the Muddy M's

Moving - Walking and moving.

Mother Nature - Talking about cold days and changes to surfaces.

Mental Strength - Walking is good for the mind.

'Each time we face our fear, we gain strength, courage, and confidence in the doing.'- Theodore Roosevelt



Intro

Go outside and let the children have a look at their rainy day space. What has changed? Risk assess what is safe and not safe to go on. Look around your whole yard and make decisions. How will we change our behaviour to keep ourselves even more safe?

Main

Let the children have a play, using their ideas of ways to keep safe. Talk to them about risk benefits that mean we sometimes have to be aware of how to keep safe, so we can still have lots of learning fun.

Reflection

Discuss after their play if any more hazards came up and ask what we are learning when we play in the rain. What is a risk?

Links to the Muddy M's

Moving – Lots of moving and jumping in puddles.

Mother Nature – Learning about rain and the benefit it can have on us.

Mental Strength – Rain is fun.

'A good teacher must be able to put himself in the place of those who find learning hard.'

Eliphas Levi



Rainy Days

Snowy Days



Intro

Go outside and look at the beauty of the snow. Ask what is snow and ask how can we safely manage ourselves in snow? Talk about clothing and point out that we need good grips on our shoes and warm clothing.

Main

Make a snowy day chain, holding hands, taking small steps and looking around your space. Discuss things you may want to go on and things you do not. Can we run or should we walk? Make decisions that best suit you all as a class.

Reflection

What about playing with snow? Are we allowed to throw snowballs? Our advice would be yes, if it's at people feet or a wall. What if our hands get too cold?

Links to the Muddy M's

Moving – Lots of moving about and fine motor skills.

Mother Nature – Playing and using snow and nature.

Mental Strength – Making a snow person will be enjoyed by all.



'There are no secrets to success. It is the result of preparation, hard work, and learning from failure.'

Colin Powell

Negotiating Space

If the weather does take a turn for the worse,
then use this sheet to try some indoor activities to continue your learning.

Role play a weather type and talk about the clothes we need to put on, what we need to look for and how we need to walk and behave. Try these varying weather types.

A rainy day.



A sunny day.



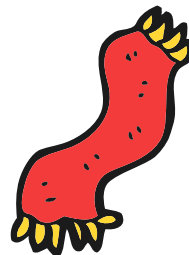
A windy day.



An icy day.



A snowy day.



Muddy Home Learning



Listen to what we have done today!

Today, we have worked together to learn about how safely to negotiate ourselves in outdoor spaces. We have looked around us and risk assessed our spaces and we have learnt how best to behave in these spaces depending on the weather type. We have had lots of fun and all this is on our Early Years Curriculum!

Your Muddy task :)

Windy Day – Go for a walk. Talk about wind and how it can affect trees and make things fly all around us.

Rainy Day- Go for a walk. Talk about how rain makes surfaces slippery.

Sunny Day – Go for a walk. Talk about sun and how it is good for us but that too much isn't. We need shade and lots of drinks.

Cold Day –Go for a walk, choosing your shoes and clothing carefully because we need a good grip if it's icy and we need to keep warm.



'You're never too old to start learning, and you're never too young to aim high and achieve great things.' - Asa Hutchinson



Congratulations!



Move | Mental Strength | Mother Nature

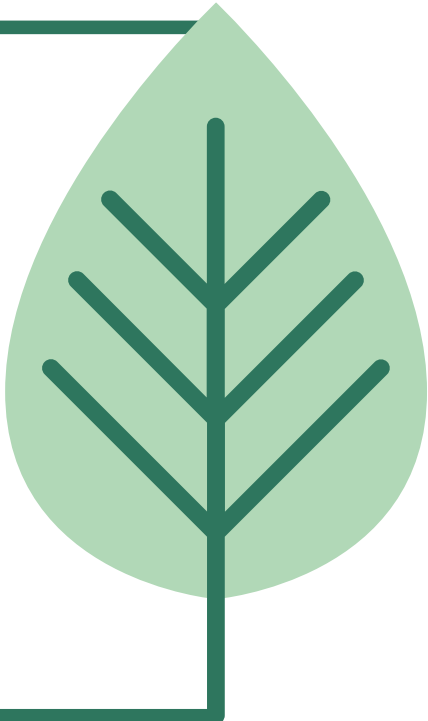
To

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You have been awarded the
Physical Development Award !



For learning how to move outside safely,
outside with nature :)



Signed Date.....

'LIFE IS A JOURNEY, NOT A DESTINATION.' - RALPH WALDO EMERSON

Message for parents!

If your child likes to learn outside then
check out our parent packs at:

www.themuddypuddleteacher.co.uk