

The Hungry Caterpillar Cafe

Week 1
(19 Feb, 12 Mar, 16 Apr, 7 May, 4 Jun, 25 Jun, 16 Jul)

	Option 1	Option 2
Mon	Southern fried chicken wrap	Vegetable risotto
	Served with: Wedges and vegetable sticks Deli: Ham or tuna wrap or cheese jacket Pudding: Gingerbread people	
Tues	Selection of pizzas	Stuffed peppers with cous cous
	Served with: Sweetcorn and salad Deli: Cheese or ham wrap or tuna jacket Pudding: Flapjack	
Wed	Spaghetti bolognese	Vegetarian bolognese
	Served with: Garlic bread Deli: Ham or tuna wrap or cheese jacket Pudding: Custard biscuits	
Thurs	Roast turkey and Yorkshire pudding	Lentil roast
	Served with: Roast potatoes, seasonal vegetables and gravy Deli: Tuna or cheese wrap or tuna jacket Pudding: Iced yoghurts	
Fri	Pork sausage and chips	Vegetarian sausage and chips
	Served with: Peas and baked beans Deli: Cheese or ham wrap or jacket with beans and cheese Pudding: Lemon muffins	

Week 2
(26 Feb, 19 Mar, 23 Apr, 14 May, 11 Jun, 2 Jul)

	Option 1	Option 2
Mon	Chicken cooked in homemade BBQ sauce	Lentil burger
	Served with: Potato wedges and vegetables Deli: Ham or tuna wrap or cheese jacket Pudding: Beetroot chocolate brownie	
Tues	Chicken korma	Cheese and onion pasty with baked beans
	Served with: Brown rice Deli: Cheese or ham wrap or tuna jacket Pudding: Orange zest shortbread	
Wed	Chilli beef burrito	Cauliflower cheese
	Served with: Selection of salads and garlic bread Deli: Ham or tuna wrap or cheese jacket Pudding: Carrot cake	
Thurs	Roast pork	Lentil roast
	Served with: Roast potatoes and seasonal vegetables Deli: Tuna or cheese wrap or tuna jacket Pudding: Iced yogurts and tray bakes	
Fri	Breaded cod fillet and chips	Vegetarian korma with brown rice
	Served with: Peas and baked beans Deli: Cheese or ham wrap or jacket with beans and cheese Pudding: Strawberry muffins	

Week 3
(5 Mar, 26 Mar, 30 Apr, 21 May, 18 Jun, 9 Jul)

	Option 1	Option 2
Mon	Gammon and pineapple	Vegetable burrito
	Served with: Mashed potato and beans or sweetcorn Deli: Ham or tuna wrap or cheese jacket Pudding: Layton's apple and blackberry crumble	
Tues	Chicken fajita	Red onion and sweetcorn quiche
	Served with: Pasta salad and vegetable sticks Deli: Cheese or ham wrap or tuna jacket Pudding: Cherry flapjack	
Wed	All day brunch	Homemade chickpea and sweet potato curry
	Served with: Baked beans and tomatoes Deli: Cheese or ham wrap or tuna jacket Pudding: Apple crunch	
Thurs	Roast beef	Lentil roast
	Served with: Roast potatoes and seasonal vegetables Deli: Tuna or cheese wrap or tuna jacket Pudding: Iced yoghurts and tray bakes	
Fri	Fish fingers and chips	Macaroni cheese and garlic bread
	Served with: Peas and baked beans Deli: Cheese or ham wrap or jacket with beans and cheese Pudding: Blueberry muffins	

